## VIETNAM NATIONAL UNIVERSITY, HANOI

UNIVERSITY OF LANGUAGES AND INTERNATIONAL STUDIES FACULTY OF ENGLISH LANGUAGE TEACHER EDUCATION

## GRADUATION PAPER

## QUANTIFYING THE ARTICULATION MECHANISM

 OF THE MEDIAL PHONEME IN VIETNAMESESupervisor: Nguyễn Thị Hồng Diệu (M.A.)
Student: Ngô Đức Nhật
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# ĐẠI HỌC QUỐC GIA HÀ NỘI TRU'ÒNG ĐẠI HỌC NGOẠI NGŨ KHOA SU' PHẠM TIẾNG ANH 

## KHÓA LUẬN TỐT NGHIỆP

## ĐỊNH LƯỢNG CƠ CHẾ CÁU ÂM ÂM ĐỆM TRONG TIẾNG VIẸTT

Giáo viên hướng dẫn: Nguyễn Thị Hồng Diệu (Th.S)
Sinh viên: Ngô Đức Nhật
Khóa: QH2013.F1.E16

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#### Abstract

Speech Therapy is a new profession in development in Vietnam. However, available assessment tools and treatment protocols contain phonology elements meant to assess English speakers. A better understanding of Vietnamese phonology would be greatly beneficial to the adaptation of these material for Vietnamese patients. On the other hand, the medial phoneme is a topic of debate between segmental and suprasegmental classification and available models of the phoneme contains elements not recognized by the International Phonetic Association which could cause confusion for Vietnamese speech therapists. Understanding the mechanism of the articulation of the medial phoneme would help Vietnamese health care professionals diagnose, assess, and manage patients better. 10 people participated in this research and audio-visual of 650 video snippets were analyzed, containing 13 minimal pairs of syllables with and without the medial phoneme. The results of the study confirm the hypothesis that the initial consonant is labialized and the vowel is lowered with the presence of the medial phoneme. Future research can explore employing participants of different or multiple dialects, participants of Speech Therapy patient population; or using different research tools such as videofluoroscopy for inner articulator investigation or praat for acoustics analysis.


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## ABBREVIATION

ASD : Autism Spectrum Disorder
CP : Cerebral Palsy
IPA : International Phonetic Alphabet
LD : Labialization Deviation
MDD : Maximum Distance Deviation
TFA : Trinh Foundation Australia

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## CHAPTER 1. INTRODUCTION

### 1.1 Statement of research problem

The researcher is an interpreter for Trinh Foundation Australia (TFA), a nongovernmental organization with the aim of promoting Speech Therapy in Vietnam. Although Speech Therapy has been a well-established profession in the West for more than 50 years, it is still in the very early development stage in Vietnam. Since 2008, TFA has helped train the first 2 batches of Vietnamese speech therapists in collaboration with Pham Ngoc Thach Medical University in Ho Chi Minh City.

However, TFA has only begun expanding operations in Hanoi since early 2016, sending volunteering Australian and British speech pathologists help train doctors, nurses, and therapists in Faculty of Rehabilitation - Hanoi Medical University, Hanoi Rehabilitation Hospital, and National Geriatric Hospital through short workshops and inclinic trainings. The researcher was the interpreter for these events - the very first Speech Therapy lessons in the Hanoi.

During the course of my work, I found myself translating/interpreting different assessment tools and therapy planning which are responsible for the diagnosis and treatment of patients. However, these often have parts of them testing the speech/language of patients based on English phonology and not always applicable to Vietnamese patients. To make a phonetically appropriate adaptation, not a direct translation of these material, was outside the scope of my ability but it has inspired me to study Vietnamese phonology, specifically Kinh people’s Vietnamese language - the most commonly spoken language in Vietnam. Deeper understanding of language itself can provide the foundation for better adaptations with the implication of better treatment outcomes for patients.

An area of interest is the medial phoneme of Vietnamese language which has been a polarizing topic between linguists. The prevalent viewpoint which was pioneered by Đoàn (1977) is that the medial phoneme (âm đệm) is segmental. Đoàn (1977) described two distinctive features of the phoneme as labialization and lowering the pitch of the whole syllable, and transcribed it as /u/ or /w/. However, Đoàn contradicted himself by describing suprasegmental features yet using segmental phonemic transcription. On the other hand,
linguists who classify the medial phoneme as suprasegmental have proposed their alternate models of the Vietnamese syllable: Hoàng \& Hoàng (1975) and Cao (2006) divided the phoneme into labialization of the onset (thúy atm) and labialization/velarization of the medial (chính âm). Nevertheless, labialization of vowel is not a feature recognized by International Phonetic Association (2005). Speech therapists, who work primarily with muscle control, would benefit from understanding how the articulators move differently with and without the medial phoneme.

Moreover, while many qualitative studies have touched on the medial phoneme, the researcher has not found any quantitative ones on the subject.

### 1.2 Rationale

It was estimated by Trinh Foundation Australia (2016) that there were 13 million Vietnamese people with communication disorders. These conditions could be congenital or acquired later in life which affect a large part of the population.

Inborn deficits such as Autism Spectrum Disorder (ASD) or Cerebral Palsy are prevalent and tend to create communication disorders for the affected. The Department of Social Assistance at the Ministry of Labor, Invalids and Social Affairs estimated that Vietnam has about 200,000 children diagnosed with ASD (Nam, 2016). It was also approximated that $40 \%$ of children with ASD are non-verbal (National Autism Association, 2016). Professor Nguyễn Hữu Thanh, director of National Hospital of Acupuncture, estimated there are 200,000 new children with CP in Vietnam each year (Thu, 2012). Out of the people with Cerebral Palsy, data suggested that up to $81 \%$ have speech problems and 25\% are non-verbal (Surveillance of Cerebral Palsy in Europe, 2000; Access Economics, 2008).

Communication disorders may also be acquired later in life due to stroke, traumatic brain injury, brain neoplasm or other etiologies that leave a huge number of patients with impairment. For example, it is estimated that there are 100,000 stroke survivals annually in Vietnam (Vân, 2015). Berthier (2005) estimated that 28-31\% acute stroke patients have aphasia - a language deficit condition. The Royal College of

Physicians (2012) also suggested that one third of stroke patients have dysarthria, a medical condition characterized by articulation difficulties.

Therefore, with millions of patients or clients suffering from communication disorders, there is a need for new research studies that further our understanding of how Vietnamese speech is produced which can assist speech therapists. Firstly, different communication disorders may present themselves differently such as phonemic substitution, slurred speech due to muscle weakness, discoordination of speech muscles, etc. Phonology knowledge can help speech therapists provide better diagnosis. Secondly, with the new profession in development, there is a lack of clinical assessment tools specific to Vietnamese. Translated assessment tools contain phonology elements meant to assess patients speaking English and need to be adapted for local usage. With better phonology knowledge, assessment tools can be adapted with better practicality. Last but not least, current models of medial phoneme do not adequately explain its mechanism of articulation. A quantitative investigation would be useful in exploring the articulators used in producing this phoneme. This also provide an objective evidence-based discussion on the topic.

### 1.3 Research aims and research questions

This research study will aim at understanding how the medial phoneme is articulated. The question that the research aims to answer is:

What is the articulation mechanism of the medial phoneme in Vietnamese?

## CHAPTER 2: LITERATURE REVIEW

## 2.1 Đoàn's model of the Vietnamese phoneme

Đoàn Thiện Thuật is a prominent pioneer in the study of phonology in Vietnam. In 1977, he proposed the following model of the Vietnamese syllable structure in his book Ngũ âm tiếng Việt (Vietnamese Phonology) which later received the State Prize, the second most prestigious prize awarded by the government of Vietnam in recognition of scientific and/or cultural achievement in 2010.

| Tone (Thanh điệu) |  |  |  |
| :---: | :---: | :---: | :---: |
| Initial consonant <br> (Âm đầu) | Medial Semivowel <br> (Âm đệm) | Main Vowel (Âm <br> chính) | Final consonant/ <br> Semivowel (Âm <br> cuối) |
|  |  |  |  |

Figure 1: Đoàn's Vietnamese syllable model
For example, quá (much) is transcribed as $/ \mathrm{kua}^{5} /$ or $/ \mathrm{kwa}^{5} /$; khuôn (mold) is transcribed as /xuon ${ }^{1 /}$ or /xwon ${ }^{1 /}$.

His syllable structure model was positively received and became the most widely used model in Vietnamese phonology literature such as Mai \& Hoàng \& Vũ (2002), Võ (2009), Ngô (2001), Nguyễn (2006), Tang \& Barlow (2006), Pham \& Mcleod (2016).

In Đoàn's book, âm đệm was considered to be semivowel with the characteristics of labialization and lowering of the pitch, transcribed as $/ \mathbf{u} /$.
"Âm" means sound - or in this context - phoneme and "đệm" means the thing added to middle of the initial consonant and the vowel. With âm đẹm as the Source Text, there are different Target Text for it in English. Ngô (2001) referred to it as labialization. Tằng (2007) called it medial. Latest meta research by Pham \& Mcleod (2016) used the term medial semivowel which possibly captured most of the meanings intended by Đoàn. However, because the nature of the phoneme is debatable, the name Medial Phoneme was chosen to be used in this paper.

In terms of symbols, Võ (2009) used /u/ to denote the semivowel which is similar to Đoàn (1977), Mai \& Hoàng \& Vũ (2002) prefer to use /w/ while Nguyễn (2006), Tằng (2007), Pham \& Mcleod (2016) all use /w/. The diacritic combining inverted breve is used to denote non-syllabicity. All vowel are syllabic therefore non-syllabic vowel /u/ need the diacritic to denote that it is a semivowel. However, if the approximant /w/ is used, using the diacritic like Mai \& Hoàng \& Vũ (2002) is redundant.

The advantage of Đoàn's model is the ease of both teaching and transcription using IPA characters, which is possibly why it is so widely used. However, the described labialization of the whole syllable is not accurate because the lips are not protruded in the entire duration of the syllable articulation. Moreover, lowering the pitch is not IPArecognized distinctive feature.

### 2.2 Alternate models

While most of the mainstream researchers agree with the medial phoneme as segmental following Đoàn’s position, several have proposed different approaches.

Ngô (2001) called the phoneme labialization and added that it only labializes the beginning consonant and the main vowel but he still used the syllable structure set by Đoàn.

Hoàng \& Hoàng (1975) proposed another model of the Vietnamese syllable in Figure 2.


Figure 2 - Hoàng \& Hoàng's Vietnamese syllable model

Hoàng \& Hoàng (1975) promoted the view of looking at components of syllable in a more suprasegmental view. The initial consonant and the medial semivowel make up the onset (thúy am) in which the initial consonant is labialized, similar to what Ngo (2002) noted. The medial (chính âm) is defined as the vowel and the vocal quality of the syllable. The suprasegmental vocal quality is thought to be affected by the labialization and velarization of the vowel.

Cao (2006) generally agreed with Hoàng \& Hoàng (1975) and also presented a similar model of the Vietnamese syllabeme in Figure 3. In this model, the syllabeme (tiết $v \underset{i}{ }$ ) is a syllable-morpheme cohesive unit in which the coda and the onset extend beyond the consonant boundaries to signify their suprasegmental features. I do not agree with calling Vietnamese syllables the syllabemes. Although it is true that most of Vietnamese syllables also carry certain meanings and therefore, are also morphemes, there are syllables are not meaningful by itself such as "pa", "tê" in "pate" (pâté), and therefore, not morphemes.


Figure 3 - Cao's Model (2006)
Hoàng \& Hoàng (1975) and Cao (2006)'s models both called the change affecting the medial "labialization". However, lip rounding is a distinctive feature of vowels and therefore, labialization, if happens, would change one vowel into another. Moreover, both models are quite abstract compared to traditional model and the labialization of vowels does not comply with IPA, which creates difficulties for speech therapists.

### 2.3 Medial phoneme hypothesis

Taking the shortcomings of the previous research studies into consideration, this paper proposes a new model of the Vietnamese syllable, which would be measured and tested in the following sections.

| Tone |  |  |
| :---: | :---: | :---: |
|  | Rhyme |  |
| Onset | Nucleus | Coda |
| Initial consonant <br> ([+labialization]) | Vowel ([+lower]) | Final consonant |

[+labialization] and [+lower] are optional, similar to the how the medial semivowel is optional in Đoàn (1977)' model. The onset and coda are also optional.

If the syllable has the medial phoneme, the initial consonant will be labialized, and the vowel will be lowered. The mechanism of the [+labialization] (transcribed as ${ }^{w}$ ) will be the articulation happening at the lips at the beginning of the syllable. The type of labialization will be endolabial or protrusion (Trask, 1996) in which upper and lower lips come forward to forms the stricture. The mechanism of the ([+lower] (transcribed as ) is the lower jaw dropping further down during vowel articulation compared to the syllable without the medial phoneme.

As for words beginning with the medial phoneme but without an initial consonant, the onset would be voiced labio-velar approximant, transcribed as /w/.

For example, quá (much) will be transcribed as $/ \mathrm{k}^{\mathrm{w}}{ }^{\frac{5}{5}} /$;

$$
\text { <quá> /kwa }{ }^{\text {was }}
$$

Onset: $\mathrm{k}^{\mathrm{w}}$ (labialized voiceless velar stop consonant)
Nucleus: a̦ (lowered open front unrounded vowel)
Tone: sắc tone. In the six-tone classification, Đoàn (1977) described the tone as a high pitch tone, with a relatively level, non-broken contour which is agreed with by Mai \& Hoàng \& Vũ (2002), Võ (2009), Bình (2002). Nguyễn (2006) expanded the description of the tone as a creaky, non-glottalized tone with a long duration.
"khuôn" (mold) will be transcribed as $/ \mathrm{X}^{\mathrm{w}} \mathrm{O}^{1}{ }^{1 /}$;
<khuôn> /Xwown¹/

Onset: $\mathrm{x}^{\mathrm{w}}$ (labialized voiceless velar fricative)
Nucleus: ọ (lowered close-mid back rounded vowel)
Tone: ngang tone, described by Đoàn (1977), Mai \& Hoàng \& Vũ (2002), Võ (2009), Bình (2002), as a high pitch tone with a relatively level, broken contour. Nguyễn (2006) added to the phonemic description with non-creaky, non-glottalized tone with a long duration.
"oanh" (oriole) will be transcribed as /wận ${ }^{1} /$.

$$
\text { < oanh> /wạn } 1 \text { ¹/ }
$$

Onset: w (voiced labio-velar approximant)
Nucleus: à (lowered open front unrounded vowel)
Tone: ngang tone, described by Đoàn (1977), Mai \& Hoàng \& Vũ (2002), Võ (2009), Bình (2002), as a high pitch tone with a relatively level, broken contour. Nguyễn (2006) added to the phonemic description with non-creaky, non-glottalized tone with a long duration.

The advantage of this model is the fully compliance with the International Phonetic Alphabet (International Phonetic Association, 2005). First of all, it is an international standardized way of phonemic transcription, which can avoid confusion for future learners. Secondly, using standard IPA letters and descriptions only convey the distinctive features and not the prosodic features such as Hoàng \& Hoàng (1975), Cao (2006)'s models. This approach covey enough essential articulation mechanism which is suitable for new learners with no linguistic background such as speech therapists.

### 2.4 Medial Phoneme Statistical Analysis

The author rechecked the listing of syllables containing the medial phoneme done by Nguyễn \& Văn \& Hoàng (2004) in consultation with the Vietnamese Dictionary by Hoàng P. (2016) and has performed several revisions. The numbering was fixed and duplicated entries removed. Same items with alternative grapheme representation were
merged such as quí and quý (expensive). The full and corrected listing is in Appendix A.

There are in total 565 unique syllables carrying the medial phoneme. Among them, there are 405 syllables that are standalone words and 160 syllable only have meaning in multi-syllabic words.

The beginning consonants are listed below and sorted by prevalence.

| $/ \mathrm{k} /$ | $/ \mathrm{s} /$ | $/ \mathrm{h} /$ | $/ \mathrm{t} /$ | $/ \mathrm{x} /$ | $/ \mathrm{l} /$ | $/ \mathrm{y} /$ | $/ \mathrm{c} /$ | $/ \mathrm{w} /$ |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 116 | 58 | 57 | 51 | 50 | 41 | 41 | 37 | 35 |
| $/ \mathrm{t}^{\mathrm{h}} /$ | $/ \mathrm{n} /$ | $/ \mathrm{z} /$ | $/ \mathrm{d} /$ | $/ \mathrm{n} /$ | $/ \mathrm{\gamma} /$ | $/ \mathrm{m} /$ | $/ \mathrm{v} /$ | $/ \mathrm{b} /$ |
| 30 | 19 | 12 | 12 | 2 | 1 | 1 | 1 | 1 |

(unit: number of times it appears in the list of syllables in northern dialect)
Table 1: Beginning consonants prevalence of medial phoneme syllables in northern dialect

| $/ \mathrm{k} /$ | $/ \mathrm{s} /$ | $/ \mathrm{h} /$ | $/ \mathrm{t} /$ | $/ \mathrm{x} /$ | $/ \mathrm{l} /$ | $/ \mathrm{y} /$ | $/ \mathrm{c} /$ | $/ \mathrm{w} /$ |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 116 | 45 | 57 | 51 | 37 | 41 | 41 | 31 | 35 |
| $/ \mathrm{t} / \mathrm{h}$ | $/ \mathrm{y} /$ | $/ \mathrm{z} /$ | $/ \mathrm{d} /$ | $/ \mathrm{n} /$ | $/ \mathrm{\gamma} /$ | $/ \mathrm{m} /$ | $/ \mathrm{v} /$ | $/ \mathrm{b} /$ |
| 30 | 19 | 12 | 12 | 2 | 1 | 1 | 1 | 1 |
| s | t |  |  |  |  |  |  |  |
| 13 | 6 |  |  |  |  |  |  |  |

(unit: number of times it appears in the list of syllables in southern and central dialects)

Table 2: Beginning consonants prevalence of medial phoneme syllables in southern and central dialects

The medial phoneme can only be paired with $/ \mathrm{i}, \mathrm{e}, \varepsilon / \check{\varepsilon}$, $\underset{-}{ }$, a/ǎ $\gamma / \tilde{\gamma} /$ which coincides with what Nguyễn (2006) observed with examples below.

Close front unrounded vowel /i/: tuy, nguy, quy, etc.
Close-mid unrounded vowel /e/: quê, tuệ, thuê, etc.
Open-mid front unrounded vowel $/ \varepsilon /$ : xoẹt, khỏe, loét, etc.
Extra short open-mid front unrounded vowel / $/ /$ : oách, hoạch, etc.
Open front unrounded vowel /a/: loa, xóa, khoa, etc.
Extra short open front unrounded vowel /ă/: hoắm, xoắn, khoăn, etc.
Close-mid back unrounded vowel $/ \gamma /$ : thuở, quở, etc.
Extra short close-mid back unrounded vowel /̌̌/: quẩy, khuây, khuâng etc.
Diphthong/iz/ (close front unrounded moving vowel moving toward close-mid front unrounded vowel): khuya, khuyên, chuyện, etc.

## CHAPTER 3: RESEARCH METHODOLOGY

### 3.1 Research design

The researcher employed minimal pair analysis as the basis of the research. The articulation of words without a medial phoneme was measured as the baseline. The articulation of words with a medial phoneme was measured as the benchmark. The quantitative parameters collected were Labialization Deviation and Maximal

## Distance Deviation.

### 3.1.1 Labialization Deviation

With protrusion labialization, the lips curl forward to form the stricture and while doing so, reveal the vermillion - inner red layer of the lips, hence the name endolabial (Trask, 1996). As a result, the inner parts of the upper and lower lips will be visible more during labialization articulation.

Therefore, Visible Inner Upper Lip (VIUL) and Visible Inner Lower Lip (VILL) are the height of the lips, marked by the lip red tissue and measured horizontally with both baseline and benchmark articulations. Cosmetic items such as lipstick that can affect the results must be cleaned.

Labialization Deviation will be calculated as

$$
\mathrm{LD}=\frac{\text { Benchmark VIUL }+ \text { Benchmark VILL }}{\text { Baseline VIUL }+ \text { Baseline VILL }} * 100 \%-100 \%
$$

The LD will signify how much the visible inner lip area in the benchmark differs from that in the baseline.

The LD was calculated at the moment the word started to be articulated, signified by a change in the audio spectrum on analysis software.

### 3.1.2 Maximal Distance Deviation

Maximal Distance is the highest measured value of the vertical line center of the face with the beginning and the end marked by the top edge of the top lip vermillion and the lower edge of the lower lip vermillion during the articulations.

Maximal Distance Deviation $=\frac{\text { Benchmark Maximal Distance }}{\text { Baseline Maximal Distance }}: 100 \%-100 \%$

Maximal Distance Deviation (MDD) represents how the openness of the mouth differs between the benchmark and the baseline.

### 3.2 Research subjects and Sampling

### 3.2.1 Participants

Due to time and resource constrains, convenient sampling of 10 participants was used. Participants for the research were friends, relatives, and studio staff recruited per convenient sampling. All 10 participants used Northern dialect of /s/ instead of / $\mathrm{s} /$ for [s].

There were 7 males and 3 females among 10 participants.

| Participants | Age | Gender | Hometown |
| :--- | :--- | :--- | :--- |
| A | 26 | Male | Ha Noi |
| B | 26 | Male | Ha Noi |
| C | 26 | Male | Ha Noi |
| D | 26 | Male | Ha Noi |
| E | 50 | Female | Ha Noi |
| F | 29 | Male | Ha Tay |
| G | 27 | Female | Nam Dinh |
| H | 22 | Male | Ha Noi |
| K | 22 | Female | Ha Noi |
| G | 22 | Male | Ha Noi |

Table 3 - Participant Demographic

### 3.2.2 Minimal pairs

### 3.2.2.1 Minimal Pairs Listing

The criteria for the minimal pairs are that both the items in comparison have to be Vietnamese words with distinct meanings but different in only one phoneme (with and without the medial phoneme), therefore excluding syllables that only have meaning in multi-syllable words or syllables having different tonemes.

However, in the Northern dialect, <s> and <x> are both pronounced as /s/, <tr> and <ch> are both pronounced as /c/ while they are distinctive with Central and Southern dialects. Therefore, there are more possible minimal pairs in Northern dialect than the counterparts. In total, there are 258 minimal pairs in Northern dialect and 245 minimal pairs in Central and Southern dialects.

The listing of minimal pairs can be seen in Appendix A.

### 3.2.2.2 Minimal pair Sampling

| Without Medial Phoneme | Phonemic Transcription | With Medial Phoneme | Phonemic Transcription |
| :---: | :---: | :---: | :---: |
| ba (father) | /ba ${ }^{1 /}$ | boa (tip) | $/ b^{w}{ }_{\text {a }}{ }^{1 /}$ |
| chẩn (help poor people) | /cřn ${ }^{4}$ | chuẩn (correct) | /c $\mathrm{c}^{\text {rofn }} \mathrm{n}^{4}$ |
| danh (name, fame) | /zěn ${ }^{1 /}$ | doanh (army <br> barrack) | /z $\mathrm{w}_{\text {ç }} \mathrm{n}^{1 /}$ |
| đản (egg) | /dan ${ }^{\text {/ }}$ | đoản (short) | /dwan ${ }^{\text {a }}$ / |
| hen (asthma) | /hen ${ }^{1 /}$ | hoen (rusty) | $/ h^{\mathrm{w}}$ ¢Tn ${ }^{1 /}$ |
| ký (sign) | $/ \mathrm{ki}^{5} /$ | quý (expensive) | $/ \mathrm{k}^{\mathbf{w}}{ }_{\underline{i}}{ }^{5}$ |
| thở (breath) | $/ t^{\text {h }} \gamma^{4} /$ | thuở (once upon a time) | /thw ${ }^{\text {h/ }}$ |
| lạt (bamboo string) | /lat ${ }^{6}$ | loạt (a series of) | $/ l^{w}{ }^{\text {a }}$ / |
| khê (burnt rice) | $/ \mathrm{xe}^{1 /}$ | khuê (room of a maiden) | $/ \mathrm{x}^{\mathrm{w}} \mathrm{e}^{1 /}$ |
| nghiệt (bad karma) | /nict ${ }^{6}$ | nguyệt (moon) | $/ \mathrm{y}^{\mathrm{w}} \mathrm{w}_{\underline{c}}{ }^{6} /$ |


| ách (suffering) | /Ěn ${ }^{5}$ | oách (dapper) | /wẽ̦ ${ }^{5}$ / |
| :---: | :---: | :---: | :---: |
| sạn (grit) | $\begin{gathered} \hline \operatorname{san}^{6} / \text { (Northern } \\ \text { dialect) or } \\ \text { /san}{ }^{6} / \text { (Central and } \\ \text { Southern dialect) } \end{gathered}$ | soạn (prepare) | $\begin{gathered} \hline / \mathrm{s}^{\mathrm{w}} \mathrm{a}^{6} / \text { (Northern } \\ \text { dialect) or } \\ / \mathrm{s}^{\mathrm{w}} \mathrm{a}^{6} / \text { (Central and } \\ \text { Southern dialect) } \end{gathered}$ |
| tan (dissolve) | $/ \tan ^{1 /}$ | toan (acidic) | /twan ${ }^{\text {a }}{ }^{1 /}$ |

Table 4 - Minimal Pairs
Purposive sampling method was employed to select the minimal pairs. These 13 minimal pairs cover all of the most commonly seen consonants for syllables having a medial phoneme. They also cover all of the vowels possible in syllables having media the medial phonemes including $/ \mathrm{i}$, e, $\varepsilon / \check{\varepsilon}$, $\underline{i}$, a, $\gamma / \check{\gamma} /$ except for $/ \mathrm{a} /$ because there is no minimal pair for that syllables containing that vowel.

### 3.3 Recording procedures

The recording was done in a soundproof studio. The recorded videos have a resolution of 1920x1080, 30 frames per second and audio bitrate of 48000 Hz .

Participants were informed and explained how the data would be used as well as signed a consent form prior to the recording. The consent forms (in English and Vietnamese) can be found in Appendix B and C. The investigator ensured that the participants sat still, facing the camera with no movement during the recording to ensure measurement accuracy and consistency during each take. The participants were instructed to not move their heads during the recording. The height of the video recorder was adjusted to the height of the mouths of participants to ensure consistency.

Each of 10 participants pronounced all 13 minimal pairs. Each pair was performed 5 times to collect enough samples.

### 3.4 Data analysis



Figure 4 Adobe Premiere Pro 2017
(video image removed to protect the participant' privacy)
Video and Audio Analysis: the software Adobe Premiere Pro 2017 by Adobe Systems running on Microsoft Windows 10 was used for audio and video analysis. The video would be playing on the upper right panel of the windows and the audio will be visualized on the bottom right of the window. With both playing in synchronization, the beginning of the audio can be targeted and extract the image at the exact moment with margin of error within $1 / 30$ of second. The moment with the widest Maximal Distance can also be selected via frame-by-frame viewing. Samples of the collected images were displayed below.

Figure 5: Beginning of "chẩn" (help poor people) turn 1 by participant A


Figure 6: Beginning of "chuẩn" (correct) turn 1 by participant A


Figure 7: Maximal Distance of "thở" (breath) turn 1 by participant G


Figure 8: Maximal Distance of "thuở" (once upon a time) turn 1 by participant G

After being extracted, the image files were labeled accordingly and then put through Adobe Photoshop, a software also by Adobe Systems, for measuring, with distance calculated in pixels.

Afterward, the collected statistics was processed in IBM SPSS Statistics 2015 by IBM Corporation to calculate the mean and standard deviation of the data.

## CHAPTER 4: RESULTS AND DISCUSSION

### 4.1 Findings

In total, 650 snippets of video were measured and analyzed. The procured data is presented in the following table.

| Minimal Pairs | LD |  | MDD |  |
| :---: | :---: | :---: | :---: | :---: |
|  | Mean | SD | Mean | SD |
| ba/boa | 14.9\% | 0.32 | 20.0\% | 0.41 |
| chẩn/chuẩn | 29.6\% | 0.56 | 10.4\% | 0.35 |
| danh/doanh | 25.0\% | 0.73 | 10.0\% | 0.39 |
| đản/đoản | 19.1\% | 0.63 | 8.6\% | 0.62 |
| hen/hoen | 36.3\% | 0.50 | 7.3\% | 0.22 |
| ký/quí | 41.5\% | 0.47 | 9.7\% | 0.34 |
| thở/thuở | 27.6\% | 0.35 | 14.5\% | 0.47 |
| lạt/loạt | 16.2\% | 0.30 | 8.1\% | 0.29 |
| khê/khuê | 25.3\% | 0.39 | 6.9\% | 0.26 |
| nghiệt/nguyệt | 32.1\% | 0.43 | 12.1\% | 0.57 |
| ách/oách | 17.6\% | 0.52 | 7.2\% | 0.33 |
| sạn/soạn | 21.2\% | 0.41 | 7.9\% | 0.41 |
| tan/toan | 25.6\% | 0.37 | 12.4\% | 0.44 |

Table 5 - Labialization Deviation and Maximal Distance Deviation Results

In general, syllables with medial phoneme have higher labial deviation compared to their minimal pairswith all the samples. The average LD is $25.54 \%$, ranging from $14.9 \%$ to $36 \%$, the lowest being ba/boa and the highest being hen/hoen. The least dispersive results are $b a / b o a(S D=0.32)$, thở/thủa $(S D=0.35)$ and tan/toan $(S D=0.37)$.



Figure 9: Beginning of "ba" (three/father) turn 1 by participant E


Figure 10: Beginning of "boa" (tip) turn 1 by participant E


Figure 11: Beginning of "danh" (name/fame) turn 2 by participant E


Figure 12: Beginning of "doanh" (army barrack) turn 2 by participant E

The Maximum Distance Deviation results all show an increase from non-medial-phoneme syllables to medial-phoneme syllables. On average, the labials at maximum distance is $10.4 \%$ more open in articulations with medial phoneme. The highest deviation is $20.0 \%$ with $b a / b o a$ and lowest is at $7.2 \%$ with ách/oách. The least spread result is hen/hoen $(S D=0.22)$ and the most dispersive is đản/doản $(S D=0.62)$.


Figure 13: Maximal Distance of "ách" (suffering) turn 2 by participant K


Figure 14: Maximal Distance of "oách" (dapper) turn 2 by participant K

### 4.2 Discussion and implications

### 4.2.1 Labialized consonants

Accquired data suggests that the vermillion in syllables containing the medial phoneme is more exposed, confirming the that endolabial labialization occurs as soon as the articulation of those syllables starts. It is in line with observation that the initial consonant is labialized as put forward by Ngô (2001), Hoàng \& Hoàng (1975), Cao (2006), Nguyễn (2006). /k/, /s/, /h/, /t/, /x/, /l/, /n/, /c/, /th/, /n/, /z/, /d/, /n/, / / / and /v/, when labialized, will have two places of articulation, also called co-articulators, the original place of articulation and the endolabial. The labialization is more complex than the counterpart in the minimal pairs as it requires two articulators working simulatinously and have a higher strain on labial movement. /w/ will also have two places of articulation, labials and velar. However, labialized labial consonants /b/ and $/ \mathrm{m}$ / will have only one place of articulation - endolabial, more inward compared to their non labialized counterparts. All labialized consonants require protrution of the lips compared to the non labialized ones.

### 4.2.2 Lowered vowel

Syllable <boa> containing the open vowel /a/ is on average 20\% more open than <ba>, the highest observed. It is an anomally because /a/ is already an open vowel which would suggest the opening would not be much wider. It can be theorized that in <ba>, due to the labial consonant /b/, the starting position of the syllable is with both lips pressed together which reduces the opening of the syllable. On the other hand, <boa> starts with the lips already curving forward, which might have been the reason why is it more open.

While <đản $>/<$ đoản $>$ and $<$ ba $>/<$ boa $>$ both include the open front unrounded vowel /a/, the former is less open (8.6\%) than the other (20\%). Similarly, <chuẩn> $/<$ chẩn $>$ and $<$ thuở> $>/<$ thở> both contain close-mid back unrounded vowel $/ \gamma /$ or its short
form $/ \check{\gamma} /$, the former is less open (10.4\%) than the later (14.5\%). It can be argued that ending with a vowel allow the syllable to be opened further. Possible explanation is that <chuẩn>/<chẩn>, <đản>/<đoản> end with a non-aspirated consonants $/ \mathrm{n} /$ or a "closed" coda. Đoàn (1977) viewed that all the final consonants excluding /w/, /j/ in Vietnamese syllables were closed consonants (âm đóng) which is concurred with by Mai \& Hoàng \& Vũ (2002), Võ (2009), Bình (2002). Furthermore, Đoàn (1977) thought that there were 2 allophones, short form and long form, of the final consonants excluding /w/, /j/. According to his rule, consonants after $/ \gamma /$ and $/ \mathrm{a} /$ in this case would be the short form, less articulated and even more closed than long form. Nguyễn (2006) thought differently from others, calling syllables ending with nasal - sonorant consonants $/ \mathrm{n}, \mathrm{m}, \mathrm{n}, \mathrm{y} /$ only semi-closed because the air still escaped through the nasal cavity due to the lowered velum. Nevertheless, they all agreed that the air tract through the mouth is closed with final consonant /n/ and not aspirated through the mouth, which would suggest ending the syllable quicker, preventing the mouth from opening further.

It can also be concluded that the syllables containing the medial phoneme require wider opening for the vowel based on higher maximal labial distance. Therefore, it is more taxing for the jaw muscles, although not by much with the openness only $10.4 \%$ higher on average.

### 4.2.3 Clinical implications

There are several possible etyologies that can particularly differentiate articulation of the minimal pairs. The first is musscle weakness caused by cranial nerve impairment, possible through stroke or other neurodegenrative diseases. Muscles of interest include orbicularis oris muscle (for lip protrusion), jaw muscles (for mouth opening), tongue muscles (for tongue movement), and glottis muscles (for articulation). According to Benesty (2017), protrusion is initiated by the contraction of peripheral bundles (near the outer edges) of the orbicularis oris muscle which makes up area around
the vermillion (Benesty, 2017). The orbicularis oris muscle is a quadrant of four independent but interlaced muscle groups controled by the buccal branch of the cranial nerve VII (facial nerve) (Saladin, 2011). On the other hand, the places of articulation of $/ \mathrm{k} /$, /s/, /t/, /x/, /l/, /y/, /c/, /n/, /z/, /d/, /th/, /n/, / $\mathrm{\gamma} /$ and are positioned by movement of the tongue. The tongue is controled by cranial nerve XII (hypoglossal nerve) (Benesty, 2017). Glottal /h/ requires glottis mussles controled by cranial nerve $X$ (vagus nerve) (Benesty, 2017). Additionally, activation of the vocal folder is controled by cranial nerve $\mathbf{X}$ and the opening of the jaw is controled by cranial nerve $\mathbf{V}$ (Benesty, 2017) but these two mussle movements are required in all syllable articulation which is not useful in finding disctintons. Therefore, the knowledge would be particularly useful in identifying, confirming damage to the cranial nerve VII as well as predicting its effects on speech using medial/non-medial minimal pairs such as below.

|  | Damage to: |  |
| :---: | :---: | :---: |
| Syllable | cranial nerve VII <br> (facial nerve) | cranial nerve XII <br> (hypoglossal nerve) |
| ha /hą1/ <br> (exclamation sound) | Not affected | Not affected |
| hoa /hwa1/ <br> (flower) | Affected | Not affected |
| ca /ka̦1/ <br> (cup) | Not affected | Affected |
| qua $/ \mathrm{k}^{\mathrm{w}} \mathrm{T} 1 /$ <br> (come over) | Affected | Affected |

Table 6: Using medial/non-medial minimal pairs in evaluating cranial nerve VII
<ha>/<hoa> which hardly require any movement of tongue would be particularly suitble in diagnosing cranial nerve VII in the present of damaged cranial nerver XII.

Other conditions that can affect the medial phoneme syllables are impaired motor planning (dyspraxia) and motor coordination, movement timing (which are some aspects of of dysarthria) which can manifest in both adult (The Royal College of Physicians, 2012) and pediatric (Surveillance of Cerebral Palsy in Europe, 2000; Access Economics, 2008) patients. Due to the syllables having multiple places of articulation, it can be theorized that these groups of clients will have more difficulties articulating syllables containing the medial phonemes.

With regard to the openess of the lowered vowel, <boa> would be noted as some of the highest requirement of jaw opening which can be ultilized in assessment and a target for higher level of rehabilitation.

In conclusion, speech/language assessments could be adapted differently for Vietnamese patients. Minimal pairs with/without the medial phoneme can be used to diagnose cranial nerve VII. In the phonology parts of assessments, words that include medial phoneme could be placed higher in the difficulty hierachy to test the patients. The same can also be done with treatment protocols. Treatment plans employing difficultystepup progression system should consider bringing syllables containing the medial phoneme higher in the difficulty levels.

## CHAPTER 5: CONCLUSION

### 5.1 Significance of the study

This research paper contributes to the existing body of knowledge about phonology of the Vietnamese language, specifically the articulation mechanism of the medial phoneme. A new model of the Vietnamese syllable was propose to accommodate the medial phoneme with the labialization of the initial consonant and the lowering of the vowel, aspects that was not made clear in previous literature. The acquired data suggests that labialized /k/,/s/, /h/, /t/, /x/, /l/, /n/, /c/, /th/, /n/, /z/, /d/, /n/, / $/ \mathrm{l} /$ and $/ \mathrm{v} /$ have coarticulation with protrusion of the lip and the original place of articulation happening simulatously at the beginning of the syllable while labialized $/ \mathrm{b} /$ and $/ \mathrm{m} /$ move the place of articulation inward to the endolabial. The vowels are $10.4 \%$ lower on average compared to those in syllables not having the medial phoneme. This will in turn help speech therapists understand exactly how the mussels move differently at the present of the medial phoneme. In turn, it provides the health care professionals with better phonology foundation to provide more accurate diagnosis and assessment, and subsequently, better management of different medical conditions concerning verbal production.

### 5.2 Limitation and suggestions for future studies

Due to limited time and resources, several shortcomings can be improved for the research.

There are no participants from the South or Central of Vietnam joining the research. Thus, future studies can incorporate people of a different dialect or multiple dialects of Vietnamese to replicate and validate the study.

The results of the study stop short at theorizing clinical implications. If the study could be replicated with speech therapy patients as population, it would be more
meaningful to test the level of sensitivity and specificity of using medial/non-medial minimal pairs in assessing patients.

The research has only showed how the labials move during the articulation of the medial phoneme. Future studies that can make use of fluroscopy imaging, which can provide an x-ray video of the body from the side during the articulation, will expand the understanding of inner articulators.

Finally, the acoustics differences between the minimal pairs such as formant measuarement with and without the medial phoneme can also be analyzed. This approach can be done using praat or other softwares.

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APPENDIX A: Syllables containing the medial phoneme and their minimal pairs

| No | Syllables <br> containing <br> medial <br> phoneme | Meaning | Corresponding minimal pair | Meaning |
| :---: | :---: | :---: | :---: | :---: |
| 1 | boa | tip money | ba | father, three |
| 2 | choa | I, we | cha | father |
| 3 | choá | blinding light | x |  |
| 4 | choạc | to open wide legs | chạc | fork |
| 5 | choai | not too old but not too young | chai | bottle |
| 6 | choài | reach toward | chài | fishing |
| 7 | choãi | to stand astride | X |  |
| 8 | choái | a stick for plants to grow | chái | small room |
| 9 | choại | slipping | x |  |
| 10 | choác | no meaning | X |  |
| 11 | choán | take place | chán | bored of |
| 12 | choang | sound of metal clashing | chang | harsh sunny |
| 13 | choàng | cover over | chàng | that guy |
| 14 | choảng | combat | x |  |
| 15 | choáng | dazed | x |  |
| 16 | choạng | to open wide legs | x |  |
| 17 | choắt | small children | chắt | great-grandchild |
| 18 | choe | no meaning | x |  |
| 19 | choé | bright color | X |  |
| 20 | choe | show off | X |  |
| 21 | choen | no meaning | X |  |
| 22 | choèn | no meaning | X |  |
| 23 | chuẩn | correct | chẩn | help poor people |
| 24 | chuệch | no meaning | X |  |
| 25 | chuếnh | no meaning | x |  |
| 26 | chuyệnh | no meaning | X |  |
| 27 | chuỳ | club | x |  |
| 28 | chuyên | focus on one area | x |  |
| 29 | chuyền | pass by | x |  |
| 30 | chuyển | transfer | x |  |
| 31 | chuyến | trip | x |  |
| 32 | chuyện | story | X |  |
| 33 | doa | widen the drill hole | Da | skin |
| 34 | doá | angry | X |  |
| 35 | doạ | scare off | Dạ | night |
| 36 | doãi | stretch arm or leg | Dãi | drool |
| 37 | doãng | loose | x |  |


| 38 | doạng | widen the legs | dạng | form |
| :---: | :---: | :---: | :---: | :---: |
| 39 | doanh | army barrack | danh | fame, name |
| 40 | doành | natural water | dành | save up |
| 41 | duềnh | natural water | dềnh | rising water |
| 42 | duy | limited to | x |  |
| 43 | duyên | red string | X |  |
| 44 | duyệt | approve | X |  |
| 45 | đoá | angry | đá | rock |
| 46 | đoa | get into bad situation | X |  |
| 47 | đoác | đoác tree | x |  |
| 48 | đoài | a pattern in bagua | đài | a piece of machine |
| 49 | đoái | look back | đái | pee |
| 50 | doan | custom of the France | đan | knit |
| 51 | đoàn | a group | đàn | a musical instrument |
| 52 | đoản | short | đản | egg |
| 53 | đoán | guess | x |  |
| 54 | đoạn | break | đạn | bullet |
| 55 | đoảng | forgetful | đảng | party |
| 56 | đoạt | rob | đạt | achieve, get |
| 57 | goá | widow | x |  |
| 58 | hoa | flower | ha | exclamation sound |
| 59 | hoà | peaceful | hà | river |
| 60 | hoả | fire | hả | what? |
| 61 | hoá | change into | há | exclamation sound |
| 62 | hoạ | disaster | hạ | summer |
| 63 | hoác | open wide | x |  |
| 64 | hoạch | no meaning | x |  |
| 65 | hoai | feces that can be used to nurture plants | hai | two |
| 66 | hoài | always | hài | comedy |
| 67 | hoại | decay | hại | harm |
| 68 | hoan | no meaning | x |  |
| 69 | hoàn | return | hàn | weld |
| 70 | hoãn | delay | x |  |
| 71 | hoán | no meaning | x |  |
| 72 | hoạn | castrate | hạn | bad luck |
| 73 | hoang | wild | hang | cave |
| 74 | hoàng | gold | hàng | line |
| 75 | hoảng | scared | x |  |
| 76 | hoãng | Muntjac | hãng | a firm |
| 77 | hoáng | scared | háng |  |
| 78 | hoành | lateral | hành | onion |
| 79 | hoạch | no meaning | X |  |
| 80 | hoạt | living | hạt | nuts |


| 81 | hoay | no meaning | x |  |
| :---: | :---: | :---: | :---: | :---: |
| 82 | hoáy | no meaning | X |  |
| 83 | hoắc | no meaning | x |  |
| 84 | hoặc | or | X |  |
| 85 | hoắm | deep | x |  |
| 86 | hoẳn | no meaning | x |  |
| 87 | hoẵng | Muntjac | X |  |
| 88 | hoe | light red or yellow | he | quiet |
| 89 | hoè | a type of tree | hè | summer |
| 90 | hoee | no meaning | x |  |
| 91 | hoen | rusty | hen | asthma |
| 92 | hoẻn | no meaning | x |  |
| 93 | huân | no meaning | x |  |
| 94 | huấn | no meaning | X |  |
| 95 | huê | no meaning | X |  |
| 96 | huề | break even | x |  |
| 97 | huệ | a type of flower | hệ | classification |
| 98 | huếch | no meaning | X |  |
| 99 | huênh | no meaning | X |  |
| 10 | huo | flashing an object in hand | ho | dry something over |
| 10 | huy | no meaning | x |  |
| 10 | huỷ | destroy | hy | wedding |
| 10 | huý | something forbidden | x |  |
| 10 | huých | nudge | hích | nudge |
| 10 | huych | no meaning | X |  |
| 10 | huyên | no meaning | X |  |
| 10 | huyền | mystery | X |  |
| 10 | huyễn | mysterious | X |  |
| 10 | huyện | district | x |  |
| 11 | huyêt | blood | hết | over |
| 11 | huyệt | Acupuncture point | hệt | exactly |
| 11 | huynh | big brother | x |  |
| 11 | huỳnh | fluorescent | hình | picture |
| 11 | huýt | whistle | hít | sniff |
| $\begin{aligned} & \hline 11 \\ & 5 \end{aligned}$ | khoa | falcuty | X |  |
| 11 | khoả | use the feet to stir up the | x |  |
| 11 | khoá | lock | khá | decent |
| 11 | khoác | carry over | khác | different |
| 11 | khoai | potato | khai | stink of pee |
| 12 | khoái | plesant | x |  |
| 12 | khoan | wait | khan | dry |
| 12 | khoản | an amount of money | x |  |


| 12 | khoán | work package agreement | khán | watching |
| :---: | :---: | :---: | :---: | :---: |
| 12 | khoang | cabin | x |  |
| 12 | khoảng | estimate | X |  |
| 12 | khoáng | no meaning | x |  |
| 12 | khoanh | set the boudary of | X |  |
| 12 | khoảnh | a piece of land | x |  |
| 12 | khoát | hand-length | khát | thirsty |
| 13 | khoáy | dig deep into | X |  |
| 13 | khoăm | no meaning | x |  |
| 13 | khoằm | crooked chin | x |  |
| 13 | khoặm | old | X |  |
| 13 | khoắn | no meaning | X |  |
| 13 | khoắng | get the rest of something | x |  |
| $\begin{aligned} & \hline 13 \\ & 6 \end{aligned}$ | khoắt | no meaning | X |  |
| 13 | khoe | show off | khe | valley |
| 13 | khoẻ | healthy | X |  |
| 13 | khoé | near the end of the eyes | X |  |
| 14 | khoen | a hole | khen | commend |
| 14 | khoeo | ham (body part) | kheo | thin |
| $\begin{aligned} & 14 \\ & 2 \end{aligned}$ | khoèo | use hand or leg to pull something over | X |  |
| 14 | khoét | get a piece of | X |  |
| 14 | khuân | carry over | X |  |
| 14 | khuẩn | microorganisms | x |  |
| 14 | khuất | out of sight | khất | pay back at another |
| 14 | khuây | no meaning | x |  |
| 14 | khuấy | stir a cup of liquid | x |  |
| 14 | khuê | no meaning | X |  |
| 15 | khuếch | no meaning | x |  |
| 15 | khuo | no meaning | X |  |
| 15 | khuy | button | x |  |
| $\begin{aligned} & 15 \\ & 3 \end{aligned}$ | khụy | get down on the knees | X |  |
| 15 | khuya | night | X |  |
| 15 | khuyên | advise | khiên | shield |
| $\begin{aligned} & 15 \\ & 6 \end{aligned}$ | khuyển | dog | X |  |
| 15 | khuyến | no meaning | X |  |
| 15 | khuyết | lack of | x |  |
| 15 | khuynh | no meaning | X |  |
| 16 | khuỳnh | lower down the body | X |  |


| $\begin{array}{\|l\|} \hline 16 \\ 1 \end{array}$ | khuỷnh | no meaning | x |  |
| :---: | :---: | :---: | :---: | :---: |
| 16 | khuýp | no meaning | x |  |
| 16 | khuỷu | no meaning | X |  |
| 16 | khuỵ | no meaning | x |  |
| 16 | loa | speaker | la | scream |
| 16 | loà | blinding light | là | to be |
| 16 | loã | bleeding | lã | thin water |
| 16 | loả | no meaning | x |  |
| 16 | loá | blind eyes | lá | leaf |
| 17 | loạc | no meaning | x |  |
| 17 | loài | species | x |  |
| 17 | loại | type of | lại | again |
| 17 | loan | a type of bird | lan | spead |
| 17 | loàn | disorder | làn | hand bag |
| 17 | loạn | disorder | lạn | poor condition |
| 17 | loang | spread | lang | wolf |
| 17 | loàng | no meaning | x |  |
| 17 | loãng | thin | lãng | bouquet |
| 17 | loảng | no meaning | x |  |
| 18 | loáng | shiny | láng | glossy |
| 18 | loạng | no meaning | x |  |
| $\begin{aligned} & \hline 18 \\ & 2 \end{aligned}$ | loanh | no meaning | X |  |
| 18 | loạt | a series of | lạt | bamboo string |
| 18 | loay | no meaning | x |  |
| 18 | loãn | no meaning | X |  |
| 18 | loãng | no meaning | x |  |
| 18 | loầng | no meaning | x |  |
| 18 | loắt | no meaning | x |  |
| 18 | loe | flaring | le | to loll the tongue |
| 19 | loè | to bluff | x |  |
| 19 | loé | dazzled | lé | dazzled |
| 19 | loét | gaping | x |  |
| 19 | loẹt | no meaning | X |  |
| 19 | luân | no meaning | x |  |
| 19 | luẩn | no meaning | X |  |
| $\begin{array}{\|l\|} \hline 19 \\ 6 \end{array}$ | luấn | no meaning | x |  |
| 19 | luận | a thesis | lận | even |
| 19 | luật | law | lật | flip pages |
| $\begin{array}{\|l\|} \hline 19 \\ 9 \end{array}$ | luỹ | barrier | X |  |


| 20 | luy | get somebody involved | x |  |
| :---: | :---: | :---: | :---: | :---: |
| 20 | luých | no meaning | X |  |
| 20 | luyên | no meaning | X |  |
| 20 | luyến | love | X |  |
| 20 | luyện | practice | X |  |
| 20 | luýnh | no meaning | x |  |
| 20 | moay | no meaning | x |  |
| 20 | noãn | egg | x |  |
| 20 | nuy | nude | X |  |
| 20 | ngoa | Lying | Nga | Russia |
| 21 | ngoã | no meaning | X |  |
| 21 | ngoác | open wide | X |  |
| 21 | ngoạc | open wide | x |  |
| 21 | ngoai | no meaning | X |  |
| 21 | ngoài | outside | ngài | mister |
| 21 | ngoải | no meaning | X |  |
| 21 | ngoái | look back | X |  |
| 21 | ngoại | grandpa/ma | ngại | apprehensive of |
| 21 | ngoạm | a big bite | x |  |
| 21 | ngoan | obedience | ngan | goose |
| 22 | ngoãn | no meaning | x |  |
| 22 | ngoạn | no meaning | X |  |
| 22 | ngoảnh | look back | x |  |
| 22 | ngoao | cat's sound | ngao | oyster |
| 22 | ngoáo | no meaning | x |  |
| $\begin{aligned} & \hline 22 \\ & 5 \end{aligned}$ | ngoáp | gape for air | ngáp | yawn |
| 22 | ngoay | no meaning | x |  |
| 22 | ngoảy | no meaning | x |  |
| 22 | ngoáy | dribble | ngáy | snore |
| 22 | ngoay | no meaning | x |  |
| 23 | ngoắc | tie two fingers together | ngắc | get stuck |
| 23 | ngoặc | hook | x |  |
| 23 | ngoần | no meaning | X |  |
| 23 | ngoắt | sudden | ngắt | turn off |
| 23 | ngoặt | sudden turn | ngặt | strict |
| 23 | ngoèo | no meaning | x |  |
| 23 | ngoéo | no meaning | X |  |
| 23 | ngoeeo | no meaning | X |  |
| 23 | nguây | no meaning | x |  |
| 23 | nguấy | no meaning | X |  |
| 24 | nguậy | no meaning | X |  |
| 24 | nguếch | no meaning | X |  |
| 24 2 | nguệch | no meaning | X |  |


| 24 | nguy | danger | nghi | doubt |
| :---: | :---: | :---: | :---: | :---: |
| 24 | ngụy | fake | X |  |
| 24 | nguyên | preserved | nghiên | study |
| 24 | nguyền | curse | nghiền | really like |
| 24 | nguyện | willing | nghiện | addicted to |
| 24 | nguyệt | moon | nghiệt | bad karma |
| 24 | nguýt | look of disapproval | x |  |
| 25 | nhoà | blurry | nhà | house |
| $\begin{aligned} & 25 \\ & 1 \end{aligned}$ | nhoai | lean forward with difficulty | nhai | chew |
| 25 | nhoài | lean horizontally | nhài | jasmine |
| 25 | nhoàng | no meaning | X |  |
| 25 | nhoáng | a short amount of time | x |  |
| 25 | nhoay | no meaning | x |  |
| 25 | nhoáy | fast | nháy | flash |
| 25 | nhoe | no meaning | x |  |
| 25 | nhoè | blurry (ink) | nhè | spit out |
| 25 | nhoen | no meaning | X |  |
| 26 | nhoèn | more than enough | x |  |
| 26 | nhoẻn | pleasant smile | X |  |
| 26 | nhoét | not very solid/ooze | nhét | put into |
| 26 | nhoeet | not very solid/ ooze | x |  |
| 26 | nhuần | deep | X |  |
| 26 | nhuận | deep | nhận | receive |
| 26 | nhuệ | no meaning | x |  |
| $\begin{aligned} & 26 \\ & 7 \end{aligned}$ | nhuy | pistils | nhị | two |
| 26 | nhuyễn | soft | x |  |
| 26 | oa | no meaning | x |  |
| 27 | oà | no meaning | à | ah |
| 27 | oách | dapper | ách | mute |
| $\begin{aligned} & \hline 27 \\ & 2 \end{aligned}$ | oạch | sound of falling to the ground | x |  |
| 27 | oai | grand | ai | who |
| 27 | oài | no meaning | x |  |
| 27 | oải | tired | ải | short |
| 27 | oái | sound of hurt | ái | love |
| 27 | oại | no meaning | X |  |
| 27 | oan | unjustly | an | peaceful |
| 27 | oản | truncated cone of sticky | X |  |
| 28 | oán | to resent | án | sentence, verdict |
| 28 | oang | loud noise | ang | container |
| 28 | oanh | oriole | anh | older brother |
| 28 | oành | no meaning | X |  |


| 28 | oạch | no meaning | x |  |
| :---: | :---: | :---: | :---: | :---: |
| $\begin{aligned} & \hline 28 \\ & 5 \end{aligned}$ | oát | no meaning | X |  |
| 28 | oăm | no meaning | x |  |
| 28 | oằn | to be bended | X |  |
| 28 | oắt | kid | ắt | definitely |
| 28 | oặt | to be bended | X |  |
| 29 | oe | sound of infants crying | X |  |
| 29 | ỏe | to be bended | X |  |
| 29 | oe | vomit | e | ew |
| 29 | qua | come over | ca | cup |
| 29 | quà | gift | cà | to rub |
| 29 | quả | fruit | cả | the oldest child |
| 29 | quá | too much | cá | fish |
| 29 | quạ | crow | cạ | to rub |
| 29 | quác | sound of duck | các | multiple |
| 29 | quạc | no meaning | x |  |
| 30 | quách | sarcophagus | cách | way |
| 30 | quạch | deep color | cạch | stop doing |
| 30 | quai | handle | cai | stop doing |
| 30 | quài | reach out | cài | install |
| $\begin{aligned} & \hline 30 \\ & 4 \end{aligned}$ | quải | drop things on the ground | cải | convert |
| 30 | quái | monster | cái | the thing |
| 30 | quại | hit very hard | X |  |
| 30 | quan | official | can | can |
| 30 | quàn | buried temporarily | càn | search and destroy |
| 30 | quản | control | cản | stop |
| 31 | quán | store | cán | handle |
| 31 | quang | light | cang | x |
| 31 | quàng | wide | càng | more |
| 31 | quảng | no meaning | x |  |
| 31 | quãng | distance | X |  |
| 31 | quáng | difficulty seeing | cáng | stretch |
| 31 | quanh | around | canh | soup |
| 31 | quánh | ooze | cánh | wings |
| 31 | quạnh | dry | cạnh | nearby |
| 31 | quào | no meaning | cào | scratch |
| 32 | quát | scream | cát | sand |
| 32 | quạt | fan | X |  |
| 32 | quàu | no meaning | X |  |
| 32 | quạu | no meaning | X |  |
| 32 | quay | rotate | cay | spicy |
| 32 | quày | no meaning | cày | plough |


| $\begin{array}{\|l\|} \hline 32 \\ 6 \end{array}$ | quảy | carry | cảy | a type of plant |
| :---: | :---: | :---: | :---: | :---: |
| 32 | quạy | no meaning | cạy | pry open |
| 32 | quắc | bright | cắc | coin |
| 32 | quặc | to retort back | cặc | penis |
| 33 | quăm | no meaning | x |  |
| 33 | quẳm | no meaning | x |  |
| 33 | quắm | knife with a curve | cắm | put it |
| 33 | quặm | curve downward | x |  |
| 33 | quăn | curly | căn | root |
| 33 | quằn | to bend, to curve | x |  |
| 33 | quắn | in a hurry | cắn | bite |
| 33 | quặn | hurt | cặn | sediment |
| 33 | quăng | throw | căng | tight |
| 33 | quẳng | throw | cẳng | leg |
| $\begin{aligned} & \hline 34 \\ & 0 \end{aligned}$ | quặng | ore | x |  |
| 34 | quắp | to grasp | cắp | to grasp |
| 34 | quặp | to grasp | cặp | bag |
| 34 | quắt | dry | cắt | cut |
| 34 | quặt | bend backward | x |  |
| 34 | quấc | no meaning | x |  |
| 34 | quân | soldier | cân | scale |
| 34 | quần | pants | cần | need |
| 34 | quẫn | despair | x |  |
| 34 | quẩn | despair | X |  |
| 35 | quấn | tie around | cấn | not fit |
| 35 | quận | district | cận | Short-sighted |
| $\begin{aligned} & 35 \\ & 2 \end{aligned}$ | quầng | halo | x |  |
| 35 | quẩng | impulsive act | x |  |
| 35 | quất | kumquat | cất | to put up |
| 35 | quật | to dig up | cật | kidney |
| 35 | quây | gather around | cây | tree |
| 35 | quầy | desk | cầy | plough |
| 35 | quẩy | a type of fried food | X |  |
| 35 | quầy | waggle | x |  |
| 36 | quấy | disturb | cấy | implant |
| 36 | quậy | no meaning | x |  |
| 36 | que | stick | X |  |
| 36 | què | broken leg | X |  |
| 36 | quẽ | no meaning | x |  |
| 36 | quẻ | lots | kẻ | draw a line |


| $\begin{array}{\|l\|} \hline 36 \\ 6 \end{array}$ | quen | know each other | x |  |
| :---: | :---: | :---: | :---: | :---: |
| 36 | quèn | puny | x |  |
| 36 | queo | bent | x |  |
| 36 | quèo | trip up | kèo | bugle |
| 37 | quẹo | to turn | kẹo | candy |
| 37 | quéo | bend | kéo | scissors |
| 37 | quét | scan | x |  |
| 37 | quẹt | swipe | kẹt | stuck |
| 37 | quê | hometown | kê | chicken |
| 37 | quế | cinnamon | x |  |
| 37 | quệch | no meaning | X |  |
| 37 | quên | forget | x |  |
| 37 | quện | mix together | x |  |
| 37 | quềnh | no meaning | X |  |
| 38 | quết | no meaning | kết | ending |
| 38 | quệt | stick a liquid to | x |  |
| 38 | quều | no meaning | X |  |
| 38 | qui/quy | turtle | ki | stingy |
| 38 | qui//quỳ | kneel | kì | rub |
| 38 | quî/quỹ | budget | kĩ | careful |
| 38 | qui/quỷ | devil | x |  |
| 38 | quí/quý | valuable | kí | sign |
| 38 | quị/quy | no meaning | kị | avoid |
| 38 | quí//quýt | mandarin orange | x |  |
| 39 | quịt/quỵt | stop paying back | x |  |
| 39 | quọ | no meaning | x |  |
| 39 | quo | throw hands in the air | x |  |
| $\begin{array}{\|l\|} \hline 39 \\ 3 \end{array}$ | quờ | touch something without looking | X |  |
| 39 | quở | scold | x |  |
| 39 | quớ | clumsy | x |  |
| 39 | quých | panic | kích | boost |
| 39 | quyên | raise fund | kiên | persistent |
| 39 | quyền | fist | X |  |
| 39 | quyển | volume | x |  |
| 40 | quyến | silk paper | kiến | meet |
| 40 | quyện | mix together | kiện | to sue |
| 40 | quyết | decide | kiết | stingy |
| 40 | quyệt | deceitful, | kiệt | run out of |
| 40 | quỳnh | red stone | kình | whale |
| 40 | quỷnh | simpleton. | X |  |
| 40 | quýnh | very happy | kính | glasses |
| 40 | quyp | to lower | kip | in time |
| 40 | quýu | no meaning | x |  |


| 40 | soái | no meaning | x |  |
| :---: | :---: | :---: | :---: | :---: |
| 41 | soàn | no meaning | X |  |
| $\begin{array}{\|l\|} \hline 41 \\ 1 \end{array}$ | soán | no meaning | X |  |
| 41 | soạn | to prepare | sạn | imperfect |
| 41 | soát | recheck | sát | close |
| 41 | soạt | sound of paper flipping | sạt | no meaning |
| 41 | suất | handsome | x |  |
| 41 | suy | degenerate | si | deeply in love |
| 41 | suý | incite | X |  |
| 41 | suyễn | asthma | X |  |
| 41 | suyển | no meaning | X |  |
| 42 | suýt | almost | xít | Porphyrio porphyrio |
| 42 | suyt | be quiet | xịt | spray |
| 42 | thoa | apply on skin | tha | pardon |
| 42 | thoả | reasonable | thả | release |
| 42 | thoá | no meaning | X |  |
| 42 | thoai | no meaning | x |  |
| 42 | thoải | slope | thải | waste |
| 42 | thoái | degenerate | thái | chop |
| 42 | thoại | speaking | X |  |
| 42 | thoán | no meaning | X |  |
| 43 | thoang | no meaning | X |  |
| 43 | thoảng | slight | X |  |
| 43 | thoáng | slight | tháng | month |
| 43 | thoát | escape | x |  |
| 43 | thoat | no meaning | X |  |
| 43 | thoăn | no meaning | X |  |
| $\begin{array}{\|l\|} \hline 43 \\ 6 \end{array}$ | thoắng | no meaning | x |  |
| 43 | thoắt | very fast | thắt | tighten |
| 43 | thuần | pure | thần | god |
| 43 | thuẫn | shield | X |  |
| 44 | thuận | easy | thận | kidney |
| 44 | thuật | skill | thật | true |
| 44 | thuê | rent | thê | wife |
| 44 | thuế | tax | thế | so, therefore |
| 44 | thuở | once a time | thở | breath |
| 44 | thuỳ | lobe | thì | then |
| 44 | thuy | water | X |  |
| 44 | thuý | no meaning | X |  |
| 44 | thuy | sleep | thị | woman |
| 44 | thuyên | saying | thiên | sky |
| 45 | thuyền | boat | thiền | meditate |
| 45 | thuyết | convince | thiết | steel |


| 45 | toa | carriage | ta | myself |
| :---: | :---: | :---: | :---: | :---: |
| 45 | toà | building | tà |  |
| 45 | toả | block | tả | describe |
| $\begin{aligned} & 45 \\ & 5 \end{aligned}$ | toá | no meaning | tá | a dozen |
| 45 | toạ | sit | ta | a kilo |
| 45 | toác | rip | tác | age |
| 45 | toạc | rip | tạc | carve |
| 45 | toài | no meaning | x |  |
| 46 | toái | no meaning | X |  |
| 46 | toại | no moving | tại | situated in |
| 46 | toan | acidic | tan | dissolve |
| 46 | toàn | all | tàn | broken |
| 46 | toán | calculate | tán | to pulverize |
| 46 | toang | wide open | tang | funeral |
| 46 | toàng | no meaning | x |  |
| 46 | toáng | no meaning | táng | burry |
| 46 | toát | resemble | tát | slap |
| 46 | toáy | no meaning | X |  |
| 47 | toe | smile | X |  |
| 47 | toè | smashed | X |  |
| 47 | toẽ | no meaning | X |  |
| 47 | toẻ | no meaning | X |  |
| 47 | toé | splashing | té | fall down |
| 47 | toen | no meaning | x |  |
| 47 | toèn | no meaning | X |  |
| 47 | toét | smile | X |  |
| 47 | toẹt | direct | X |  |
| 47 | truân | no meaning | x |  |
| $\begin{aligned} & 48 \\ & 0 \end{aligned}$ | truất | depose | chất | substance |
| 48 | truy | hunt | tri | know |
| 48 | trụy | no meaning | x |  |
| 48 | truyền | relay a message | triền | slope (of mountain) |
| 48 | truyện | a book/story | triện | triện |
| 48 | tuân | follow order | tân | new |
| 48 | tuần | week | X |  |
| 48 | tuẫn | no meaning | X |  |
| 48 | tuấn | no meaning | x |  |
| 48 | tuất | dog | tất | socks |
| 49 | tuế | no meaning | X |  |
| 49 | tuệ | no meaning | X |  |
| 49 | tuếch | no meaning | X |  |
| 49 | tuệch | no meaning | X |  |
| 49 | tuềnh | no meaning | X |  |


| 49 | tuy | although | ti | nipple |
| :---: | :---: | :---: | :---: | :---: |
| 49 | tuỳ | follow | tì | to press against |
| 49 | tuỷ | bone marrow | tì | billion |
| $\begin{aligned} & 49 \\ & 8 \end{aligned}$ | tuý | drunk | tí | arm |
| 49 | tuy | pancreas | tị | avoid |
| 50 | tuyên | announce | tiên | fairy |
| 50 | tuyền | river | tiền | money |
| 50 | tuyển | employ | X |  |
| 50 | tuyến | gland | tiến | move forward |
| 50 | tuyết | snow | tiết | period |
| 50 | tuyệt | great | tiệt | extinct, clean |
| 50 | tuyn | no meaning | X |  |
| 50 | tuýp | tube | x |  |
| 50 | tuýt | no meaning | x |  |
| 50 | uần | no meaning | X |  |
| 51 | uất | angry | ất | the second circle of |
| 51 | uể | no meaning | x |  |
| 51 | uế | dirty | ế | unsold; unmarried |
| 51 | uy | supremacy | y | medicine |
| 51 | uy | authorized | y | chair |
| 51 | uý | no meaning | í | wait |
| 51 | uỵch | hitting | x |  |
| 51 | uyên | no meaning | yên | quiet |
| 51 | uyển | no meaning | x |  |
| $\begin{aligned} & \hline 51 \\ & 9 \end{aligned}$ | uỳnh | no meaning | x |  |
| 52 | voan | veil | van | van |
| 52 | xoa | spread on skin | ха | far |
| 52 | xoà | to spread out | sà | throw oneself into |
| 52 | xoã | relax | x |  |
| 52 | xoả | no meaning | x |  |
| 52 | xoá | delete | xá | forgive |
| 52 | xoác | hug | xác | body |
| 52 | xoạc | spread legs wide apart | sạc | charge |
| 52 | xoạch | no meaning | x |  |
| 52 | xoai | no meaning | sai | wrong |
| 53 | xoài | mango | xài | use |
| 53 | xoải | stretch arms | sải | spread of arms |
| 53 | xoan | China-tree | san | flatten |
| 53 | xoàn | diamond | sàn | floor |
| 53 | xoang | chamber | sang | across |
| 53 | xoàng | mediocre | sàng | bed, to sieve |
| 53 | xoảng | no meaning | X |  |
| 53 | xoạng | to spread wide apart | x |  |


| 53 | xoành | no meaning | x |  |
| :---: | :---: | :---: | :---: | :---: |
| 53 | xoát | no meaning | x |  |
| 54 | xoay | rotate | xay | grind |
| 54 | xoáy | whirl | x |  |
| $\begin{aligned} & \hline 54 \\ & 2 \end{aligned}$ | xoăn | curly | săn | hunt |
| 54 | xoẳn | shortened, very small | x |  |
| 54 | xoắn | twist | sắn | cassava |
| 54 | xoe | round | xe | car |
| 54 | xoè | fluff | X |  |
| 54 | xoen | no meaning | X |  |
| 54 | xoèn | no meaning | x |  |
| 54 | xoét | consider | xét | consider |
| 55 | xoẹt | in a flash | xẹt | in a flash |
| 55 | xuân | spring | sân | yard |
| 55 | xuẩn | stupid | x |  |
| 55 | xuất | export | sất | at all |
| 55 | xuê | good, nice | x |  |
| 55 | xuề | no meaning | x |  |
| 55 | xuể | be capable of | xể | to rent |
| 55 | xuệch | no meaning | x |  |
| 55 | xuyềnh | no meaning | X |  |
| 55 | xuỳ | to cough up | xì |  |
| 56 | xuý | no meaning | x |  |
| 56 | xuya | reliable | x |  |
| $\begin{aligned} & \hline 56 \\ & 2 \end{aligned}$ | xuyên | pierce through | xiên | slanting |
| 56 | xuyến | bracelet | x |  |
| 56 | xuýt | almost | x |  |
| 56 | xuỵt | be quiet | xịt | deflated |

## APPENDIX B: CONSENT FORM FOR ALL PARTICIPANTS

## ĐƠN CHẤP THUẬN THAM GIA NGHIÊN CÚU

Ngườ làm đơn đang trả lời đơn chấp thuận tham gia vào nghiên cứu: "Định luợng cơ chế cấu âm âm đệm tiếng Việt" của tác giả Ngô Đíc Nhật, phục vu làm đề tài khóa luận cho truờng Đại học Ngoại Ngũ - Đại học Quốc gia Hà Nội.

Tôi hiểu rằng việc tham gia nghiên cứu này là hoàn toàn tự nguyện. Tôi hiểu rằng mình sẽ được quay phim và ghi âm trong khoảng 15 phút vào ngày $\qquad$ .
Tôi đã được giải thích rằng tất cả tư liệu của tôi sẽ chỉ được dùng cho nghiên cứu ngữ âm học nói trên.
Tôi đã được giải thích rằng tất cả tư liệu của tôi sẽ được bảo vệ để bảo đảm quyền riêng tư cho tôi.

Tôi đã đọc kỹ tài liệu này, đã được trả lời các thắc mắc (nếu có), đã hiểu rõ̉ nội dung tài liệu này, và chấp nhận tham gia nghiên cứu này.

Chữ ký

Ngày $\qquad$ Tháng $\qquad$ Năm $\qquad$

## APPENDIX C: CONSENT FORM (TRANSLATED FROM VIETNAMESE) RESEARCH CONSENT FORM

You are filling a form to give consent to participating in a research called "Quantifying the Articulation Mechanism of the Medial Phoneme" by author Ngô Đúc Nhật as his thesis paper for the University of Languages and International Studies, Vietnam National University, Hanoi.

I understand that participating in this research is completely voluntary.

I understand that I will be videotaped for about 15 minutes on the date $\qquad$ .

I have been explained that all my recorded material will only be used for the aforementioned phonology research.

I have been explained that all my recorded material will be protected in accordance to my right to privacy.

I have read this form, and all my questions (if any) have been answered. I hereby give my consent to participating in this research.

Participant Signature

Date: $\qquad$

